



2017 USATF Region 16
Junior Olympic Cross Country
Championships

Saturday, November 18, 2017

South County Regional Park
11200 Access Road
Boca Raton, FL 33428

SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Start Time Girls	Start Time Boys
8 & Under (born 2009+)	2 km (1.24 miles)	9:00 AM	9:30 AM
9 & 10 (born 2007-2008)	3 km (1.86 miles)	10:00 AM	10:30 AM
11 & 12 (born 2005-2006)	3 km (1.86 miles)	11:00 AM	11:30 AM
13 & 14 (born 2003 –2004)	4 km (2.48 miles)	12:00 PM	12:30 PM
15 & 16 (born 2001–2002)	5 km (3.1 miles)	1:00 PM	1:30 PM
17 & 18 (born 1999-2000)	5 km (3.1 miles)	1:00 PM	1:30 PM

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration and participation.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be in the team packets. Packets will be available for pick-up on the day of event from 7:00 AM to 12:00 PM.

EVENT RESULTS: During competition, event results will be posted at the awards area. In addition, event results will be posted at www.gunlaprunning.com.

AWARDS: USATF Junior Olympic medals will be awarded to the top **30** individuals in each age division. Awards will also be made available for the top 3 teams in each age division.

ADVANCEMENTS: Top **30** individuals and top **5** teams in each age group will advance from the USATF Region **16** Championships to the USATF National Championships to be held on Saturday, December 9th in Tallahassee, FL.

All advancements/entry for the USATF Region 16 Championships must be completed, paid for, and submitted online. Online entries may be submitted by visiting www.athletic.net.

ENTRY FEES & DEADLINES:

On-Time Registration: Must be completed by Wednesday, November 15, 2017

ONLY ONLINE ENTRIES WILL BE ACCEPTED. Please visit www.athletic.net to enter

Individual Entries: **\$15.00** per athlete.

Team Entries: **No charge**

Club Administrators and Unattached Athletes should register online at <http://www.athletic.net> by **November 15, 2017 at 11:59 PM EST. Late entries will not be allowed.** Online registration is now open. **Fees must be paid online by the close of registration. USATF prefers VISA; electronic checks will also be accepted.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>

Valid 2017 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received (via email at membership@florida.usatf.org) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation.

PAYMENTS: The online entry system accepts all credit cards, however **USATF prefers VISA.** All entry fees must be paid in full via the online entry system (www.athletic.net) prior to the entry deadline.

DIRECTIONS & PARKING: Please use your preferred navigation provider. Free parking will be available onsite.

COURSE: The walk-thru will be at 8:00 AM. The course will be closed at 8:50 AM. No one will be allowed on the course for warm up after this time. The entire course is grass, dirt surface, and some gravel. Spikes may be useful on the hills or if the course is wet. There is plenty of area for warm up in the adjoining fields. No dressing facility or public restroom is available. Portable restrooms are located near tent city and the starting line.

FACILITY RULES & GUIDELINES:

1. Remember we are guests of Heritage Christian Church
2. Barbecuing will not be allowed on site.
3. Please do NOT bring loud radios or music, pets, or unnecessary distractions to the meet.
4. Please keep the facility clean. Place trash in the waste receptacles near you before leaving.
5. Alcoholic beverages will not be allowed.
6. Parking only in the designated parking areas.

VENDORS: T-Shirt vendor will be supporting this event.

CONTACT: **Angela Harris – USATF FL Youth Chair/Meet Director**
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Gary Beswick – USATF Florida Association Cross Country Chair
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