

Carmen Jackson/Open Women Chair

2015 USATF Annual Track and Field Convention Report
Houston Texas 12/2/15 – 12/6/15

Wednesday 12/2/15

Youth Specialization Clinic

The Youth clinic created an environment for all coaches to learn and participate in a variety of mini workshop. Much of the given information came from individuals who have had many years of coaching our youth in the sport of track and field.

Dr. Christine Brooks gave an overview on the importance of understanding the growth and development in the Youth Athlete. Children are not just smaller versions of adults. They have very particular needs and capabilities. One of the major issues in children's sport is a lack of knowledge on the part of coaches and parents about how children grow and develop. This ignorance places unrealistic expectations on the child and often causes them to give up the sport.

Dr. Robert Chapman spoke on the overuse injuries have become common as more and more children participate in sports. A careful history can identify risk factors; targeted patient education can lead to successful rehabilitation and prevent injuries. Thanks to the growing number of young people participating in sports at an early age, training year-round, and competing at specialized or elite levels, the incidence of overuse injuries has risen in the past decade. Recent studies estimate that 30% to 50% of pediatric sports injuries are caused by overuse, with the frequency of injury equal among boys and girls.

Dr. Rick McGuire believes that “Positive Coaches are Artists, using all the “paints on their palette” to create a masterpiece in each athlete and with the team!”

Youth General Session

Youth General Session was very informative having

Youth Coaches Panel

The Coaching panel shared their coaching ideas and best practices as a coach. The various coaches gave insight on their success and their coaching philosophies. Q/A was the success of the session.

Thursday 12/3/15

Opening Youth General Session

Old and new business was discussed. Jessie Owens Banquet was a great event

Friday 12/4/15

Youth General Session

Bids: 2017 JOCC Tallahassee Florida only the only bidder by deadline. Bid not accepted from Tallahassee by voters. Bids for JOCC 2017 will be opened back up. 2017 USATF Hersey National Championship Bid from Miami Florida. Voters did not accept bid from Miami Florida. Bid will be opened back up for 2017 USATF Hersey Championship.

Saturday 12/5/15

Women Track and Field/Junior /High School

Sue Humphrey/Women Chairman
Duffy Mahoney/USATF

Summary

- *Discussion on Analysis of investment model in the JRS.
- *Jr World Champs must be 16 by the 1st day of competition, 19 cannot turn 20 in the same year and meet IAAF standards
- *2015 Pan Am combined metals 59 with 30 of them being Gold
- *Becky Oakes from NFHS gave a report that a million and half athletes participated in track and field this year. Courses offered online through NFHS
- *National High School Senate lead by Mike Hoffman spoke on mission to get more coaches to become members. The organization is to promote the development and maintenance of state high school/middle school track coaches associations
- *National Scholastic Foundation gave information on 2016 Indoors/Outdoors track and field meet. Information was given on scholarships available through the foundation. The NSAF put on developmental clinics for the Throws, Javelin and Jumps in various locations throughout the year. NSAF also select world class high school athletes for the Caribbean and USATF International and Junior Teams

