

2013 Race Walk Report

By Sandra L. DeNoon, chair

The race walking community has come together to put on several Association Championships. The Central Florida Race Walkers started with the 10k race in April. There was a strong showing plus they had the added benefit of several youth walkers.

The South Florida Racewalkers have completed the Association 5k Championship. They still have the 1500m, 3,000m in Early November, and the 50k Master's National and 20k Association race November 24th to complete.

Race walking has taken a hit of late as only 4-5 walkers attended the past few State Races held in So. Florida. We hope to turn that around for the 50k/20k as open race walkers have been invited to compete trying to reach National qualifying marks.

Again as race walk chair I want to give a special thanks to Dan Koch and his club for putting so much effort into all his races. He is currently the face of Florida race walking with all the race walking events his club puts on. Thank you Dan for all your hard work and effort on behalf of race walking.

There is still more work that needs to be done to invite younger walkers to the sport as many of our current walkers are aging quickly, every year in fact this has not changed. 😊

There is a coach in Central Florida who coaches a group of 20 race walkers ranging in age from 8 to 70 years old. More of this kind of training needs to get done to build a stronger race walk base. The walkers come from all areas and many different clubs. Sadly these walkers love to train but not compete.

Florida Association does a great job putting on Association races, now we need to get the walkers there.

2014 Association Meets; to be finalized in break-out meetings:

1500/3000m SFRW Mid-September Coconut Creek

5000m June 2nd w/Master's S.E. Regional Miramar

10k SFRW MAY Coconut Creek

5k CFW April 6th UCF

20k SFRW (?)Coconut Creek

All races are tentative dates and places at this time.